Whether you want to meet new friends with common interests, get help with household tasks, or just know that assistance of any kind is only one phone call away – Newton at Home delivers.

We are a nonprofit organization for Newton residents who are 60 years of age and older that enables our members to live active, vibrant and connected lives in their own homes and apartments through access to a broad array of programs and practical services.









Listen to what our members say:

66 A great community of folks I know I can count on. 99

66 It's like someone is watching over me. 99

What I really appreciate are all those rides I get from that wonderful group of volunteer drivers. I can't imagine how I would manage without them. 99

### How You Can Become a Newton at Home Member

Membership is available to anyone living in a Newton household in which one individual is 60 years of age or older.

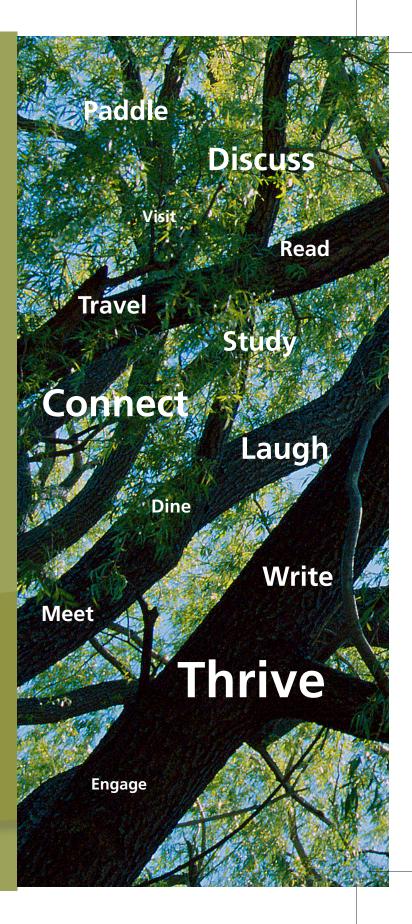
Annual membership dues are \$725 for an individual living alone and \$850 for a household of two or more.

For seasonal travelers who spend a minimum of three consecutive months a year away from their Newton homes, our prorated **BreakAway Membership Plan** allows you to take advantage of all that NAH has to offer only when you are home to enjoy it.

Newton at Home also offers a limited number of reduced-fee memberships to residents with modest incomes.

For more details on all of Newton at Home's membership opportunities, call the Newton at Home office at 617-795-2560 or visit us online at www.newtonathome.org

**Out and About** Newton at Home's new social-programs-only membership option. Enjoy discounted theater tickets, educational lectures, and trips to museums and cultural locations (transportation provided). Participate with others with similar interests in affinity groups such as the Dining Club, Knitting Club, History Group, Book Clubs and many more. This a wonderful way to make new friends stay active and connected.



Newton at Home is one of the more than 350 Villages that have sprung up all over the country in what is called The Village Movement.

Modeled after small towns of the past where neighbor helped neighbor, and social networks were tight, today's Villages have proven highly successful in meeting both the practical and social needs of many older adults, enabling thousands across the country to live independent, engaged lives in the homes and communities that they love.

Here are just some of the benefits you can expect when you join Newton at

#### **Rides When and Where You Need Them**

A group of Newton at Home volunteer drivers provides members with money-saving private car transportation to Logan, doctor appointments, local and Boston medical facilities, supermarkets, pharmacies, and many other metropolitan area destinations by arrangement. You pay only for tolls and parking when needed, and a small fee for trips to Logan Airport.

#### **Members Affinity Groups**

Share your particular interests with others in dining, movie, play-reading, drawing and painting and book groups; current events discussion groups; garden groups and more. New groups are continually being formed in response to member requests.

#### **Computer and Technical Support**

Knowledgeable NAH volunteers can help you purchase computers, smartphones or other technical equipment; provide in-home, individualized instruction on using e-mail, Facebook, Twitter, iPads and other tablets; help with organizing digital photos and files and much, much more. All free with your NAH membership.

#### **Help With Household Tasks**

A cadre of volunteers do everything from changing a ceiling light bulb to installing and removing your air conditioner, moving furniture, raking leaves, doing handymen tasks and hundreds of other simple household services. All free with your NAH membership.

# A Broad Array of Social, Cultural, Health and Wellness Offerings

Concerts and theater performances (many at discounted rates), museum trips, lectures, garden tours, kayaking, yoga, balance groups and much, much more.

#### **Referrals to Service Providers**

No more searching for reliable roofers, plumbers, electricians, landscapers, home care agencies and other vendors with specialized skills. We provide you with referrals from our prescreened vendor database, and you do the rest. Many offer special discounts to NAH members. Referrals are free with your NAH membership.

## Opportunities to Meet Young People in Our Community

Young people in the Newton community often volunteer with NAH. Get to know them as they assist you in a wide variety of ways.

### **Interesting Volunteer Opportunities**

More than 150 Newton at Home volunteers provide most NAH member services or take on administrative tasks. Whatever your interests or skills, you can put them to good use as part of the Newton at Home volunteer community.











